



Henry O. and Jack Z. at State Golf



Connor B. takes 1st in the 6th XC boys race



Elle S. takes 5th in the 7/8th girls race



We had 4 Top 25 medalists in the 4th grade boys race and the team took home 3rd overall!

## FALCONS & WILDCATS,

All,  
Yesterday I spent the day at Schiller Woods, cheering on our 4-8th XC runners in the CCYL Championship Meet. The weather was great, everyone was smiling and working hard, and we took home some hardware with runners placing in the Top 25 in the 4th Boys, 6th Boys and 7th girls races, as well as the 4th grade boys taking 3rd in the team competition. On Friday, our two State Golf Qualifiers competed in Peoria with one golfer placing in the Top 25 (and only four strokes away from the Top 10). On top of that, our 7th and 8th grade girls had their volleyball season openers and 3rd grade Running Club kicked off their season. Lots to be proud of as our athletes are staying active and being leaders on the court/green and showing what it means to be great teammates!

### Important Reminders:

- Please check for spam folder for any communications we have sent through TeamSnap
- There have some **changes in 7/8th volleyball practice times** this week and moving forward (highlighted in blue and updated on TeamSnap).
- There are **no volleyball practices on Tuesday 9/21** due to an event in the gym (highlighted in red).

Thanks and please let me know if you have any questions.

-Coach D & Coach Manley

# WEEKLY SCHEDULE

[THIS WEEK IN SPORTS]

September 20, 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9/20	9/21	9/22	9/23	9/24	9/25	9/26
<b>VOLLEYBALL</b>							
A5 Red	GAME @ OSM 6:00pm	No Practice (no gym)		Practice @ SHS 3:45-5:00pm			
A5 White	GAME @ OSM 6:45pm	No Practice (no gym)		Practice @ SHS 3:45-5:00pm			
A5 Black	GAME @ St. Gert's 7:30pm	No Practice (no gym)		Practice @ SHS 3:45-5:00pm			
A6 Red	GAME @ SMM 7:30pm	No Practice (no gym)		Practice @ SHS 5:00-6:15pm			
A6 White	GAME @ SMM 6:00pm	No Practice (no gym)		Practice @ SHS 5:00-6:15pm			
A6 Black	GAME @ SMM 5:15pm	No Practice (no gym)		Practice @ SHS 5:00-6:15pm			
A7 Red	Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-5:00pm	GAME @ Q of A 6:00pm			
A7 White	Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-4:45pm  GAME @ Q of A 7:30pm				
A8 Red	GAME @ Q of A 6:00pm		Practice @ SHS 5:00-6:15pm				
A8 White	Practice @ SHS 5:00-6:15pm		GAME @ Q of A 7:30pm				
A8 Black	GAME @ Q of A 6:45pm		Practice @ SHS 5:00-6:00pm	GAME @ Q of A 6:45pm			
<b>FLAG FOOTBALL</b>							
Hardey Red			Practice @ Lawrence Fields 4:00-5:30pm		Practice @ Lawrence Fields 4:00-5:30pm	GAME @ Sheridan Park 11:30am	
Hardey White			Practice @ Lawrence Fields 4:00-5:30pm		Practice @ Lawrence Fields 4:00-5:30pm	GAME @ Sheridan Park 9:30am	
<b>Cross Country</b>							
Varsity 6-8 <sup>th</sup>		Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-5:00pm			
JV 4-5 <sup>th</sup>	Practice @ Warren Park 4:00-5:15pm		Practice @ Warren Park 4:00-5:15pm				
Running Club 3 <sup>rd</sup>		Practice @ SHS 3:30-4:45pm					

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# Team Snap App "Cheat Sheet"

## HOW SACRED HEART WILL BE USING IT:

### 1. Setting Player Availability

- We are asking to do this for **practices and games**
- Go to the "**Availability**" **tab** at the top
  - o Green check mark means attending
  - o Red X means not attending
  - o ? means not sure
  - o *\*\*you can also add a note in if you need to communicate something*

### 2. Calendar with Practices and Games

- Go to the "**Schedule**" **tab** at the top
  - o This will link you to a calendar with all of your team's scheduled practices and games
- You can **subscribe/export to your own personal electronic calendar**
  - o Can also set alerts/reminders for different events
  - o Will automatically alert you with any changes
- For each event, you will see:
  - o Time of event
  - o Time required to be at event
  - o Location (will link to navigation)
  - o Any specific gym locations notes (i.e. entrances, parking)
- For each game location, you can use GPS services to navigate

### 3. Messaging/Alerts

- Enter your cell # and ALLOW "Team alerts sent via SMS" so you can be notified of last minute changes and cancellations from the school/coach
- Athletic Directors and Coaches can send direct messages/alerts and emails
- With the help of a team parent, most communication will be send via email or text alerts through the TeamSnap app
  - o Please make sure your contact info is correct!
  - o You can also add additional emails/phone numbers
  - o We can add each team parent to have access to all team email addresses

### 4. Photos/Files

- Go to the "**Media**" **tab** at the top
  - o You will be able to access any important **files** uploaded (i.e. help links, rules)
  - o You will be able to access **photos** uploaded by anyone who is a member
    - *You can also upload any photos you take!*
    - This would be great to build up a database of team photos 😊



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# ATHLETICS SIDELINE STORE

*Now open online!! Optional*

Store Link: [CLICK HERE](#)

## CUSTOMIZED ITEMS

*You choose the item, color and design!*

## OPEN 24/7

*"Permanent", online store*

## FLAT RATE SHIPPING

*Shipped to individual homes*

## NO MINIMUM

*Order as little or as much as you'd like*

## VARIETY OF BRANDS OFFERED

*Under Armour, Nike and BSN Brand, to name a few*