



XC - Elle (A7) takes 3rd in the 7/8th race!



Golf - Henry and Jack (H8) qualify for State!
Jack tied for 3rd overall



XC - Three Top 5 Finishers in the 5/6th race (all A6)!
Olivia - 1st, Greta - 3rd, Vivian - 5th

FALCONS & WILDCATS,

All,

It was a great day of SHS sports as both of our Flag Football teams kicked off their season and we had our first XC meet competing for the DePaul Prep Catholic Cup; a lot of heart and hustle shown in this heat. Earlier in the week, 5/6th volleyball had their first games, with everyone winning at least one set. And last but not least, on Thursday our Golf Sectionals Team competed in Peoria and we're happy to say we had two golfers qualify for the State Championship next week! It's been great to see all of our athletes competing and working hard. Making us proud!

Important Reminders:

- Please double-check your TeamSnap for game locations; all locations are linked to addresses and GPS
- Please note there have been some changes in volleyball practice times this week (highlighted in blue on the weekly schedule)
- In order to aid the school's contact tracing, ALL FAMILIES are expected to **set their athlete's availability for both practices and games on the TeamSnap app**
 - See page 3 for a helpful TeamSnap cheat sheet on the different features

Thanks and please let me know if you have any questions.

-Coach D & Coach Manley

WEEKLY SCHEDULE

[THIS WEEK IN SPORTS]

September 13, 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	9/13	9/14	9/15	9/16	9/17	9/18	9/19
VOLLEYBALL							
A5 Red	Canceled Week of 9/13						
A5 White	Canceled Week of 9/13						
A5 Black	Canceled Week of 9/13						
A6 Red		Practice @ SHS 3:45-5:00pm	GAME @ SMM 6:45pm	Practice @ SHS 3:45-5:00pm			
A6 White		Practice @ SHS 3:45-5:00pm	GAME @ SMM 6:00pm	Practice @ SHS 3:45-5:00pm			
A6 Black	GAME @ FXW 7:15pm	Practice @ SHS 3:45-5:00pm	GAME @ SMM 5:15pm	Practice @ SHS 3:45-5:00pm			
A7 Red	Practice @ SHS 3:45-5:15pm	GAME @ Q of A 7:30pm	Practice @ SHS 3:45-5:15pm		GAME @ Q of A 7:30pm		
A7 White	Practice @ SHS 3:45-4:45pm GAME @ Q of A 6:00pm		GAME @ Q of A 6:00pm				
A8 Red	Practice @ SHS 5:15-6:45pm	GAME @ Q of A 6:45pm	Practice @ SHS 5:15-6:45pm		GAME @ Q of A 6:00pm		
A8 White	Practice @ SHS 5:15-6:45pm		Practice @ SHS 5:15-6:45pm		GAME @ Q of A 6:45pm		
A8 Black	Practice @ SHS 5:15-6:45pm		GAME @ Q of A 7:30pm				
FLAG FOOTBALL							
Hardey Red			Practice @ Lawrence Fields 4:00-5:30pm		Practice @ Lawrence Fields 4:00-5:30pm	GAME @ Sheridan Park 11:30am	
Hardey White			Practice @ Lawrence Fields 4:00-5:30pm		Practice @ Lawrence Fields 4:00-5:30pm	GAME @ Sheridan Park 9:30am	
Cross Country							
Varsity 6-8 th		Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-5:00pm		MEET @ Schiller Woods	
JV 4-5 th	Practice @ Warren Park 4:00-5:15pm		Practice @ Warren Park 4:00-5:15pm			MEET @ Schiller Woods	
Running Club 3 rd		Practice @ SHS 3:30-4:45pm					

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Team Snap App "Cheat Sheet"

HOW SACRED HEART WILL BE USING IT:

1. Setting Player Availability

- We are asking to do this for **practices and games**
- Go to the "**Availability**" **tab** at the top
 - o Green check mark means attending
 - o Red X means not attending
 - o ? means not sure
 - o ***you can also add a note in if you need to communicate something*

2. Calendar with Practices and Games

- Go to the "**Schedule**" **tab** at the top
 - o This will link you to a calendar with all of your team's scheduled practices and games
- You can **subscribe/export to your own personal electronic calendar**
 - o Can also set alerts/reminders for different events
 - o Will automatically alert you with any changes
- For each event, you will see:
 - o Time of event
 - o Time required to be at event
 - o Location (will link to navigation)
 - o Any specific gym locations notes (i.e. entrances, parking)
- For each game location, you can use GPS services to navigate

3. Messaging/Alerts

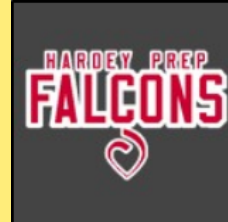
- Enter your cell # and ALLOW "Team alerts sent via SMS" so you can be notified of last minute changes and cancellations from the school/coach
- Athletic Directors and Coaches can send direct messages/alerts and emails
- With the help of a team parent, most communication will be send via email or text alerts through the TeamSnap app
 - o Please make sure your contact info is correct!
 - o You can also add additional emails/phone numbers
 - o We can add each team parent to have access to all team email addresses

4. Photos/Files

- Go to the "**Media**" **tab** at the top
 - o You will be able to access any important **files** uploaded (i.e. help links, rules)
 - o You will be able to access **photos** uploaded by anyone who is a member
 - *You can also upload any photos you take!*
 - This would be great to build up a database of team photos 😊



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ATHLETICS SIDELINE STORE

Now open online!! Optional

Store Link: [CLICK HERE](#)

CUSTOMIZED ITEMS

You choose the item, color and design!

OPEN 24/7

"Permanent", online store

FLAT RATE SHIPPING

Shipped to individual homes

NO MINIMUM

Order as little or as much as you'd like

VARIETY OF BRANDS OFFERED

Under Armour, Nike and BSN Brand, to name a few