

HEART JANUARY LUNCH

SEASONAL SALAD BAR & SANDWICHES OFFERED DAILY



	Monday	Tuesday	Wednesday	Thursday	Friday
30,		NO SCH) OOL — WINTE	² R BREAK	3
6	NO SCHOOL	 ⁷ Ground Beef or Fajita Veggie Nachos Nacho Cheese, Smokey Frijoles Toppings Bar Soup of the Day 	8 Pasta Alfredo Fresh Herb Pesto Green Beans Garlic Bread Soup of the Day	9 Chicken Paprikash Garlic Mashed Potatoes Roasted Broccoli Soup of the Day	¹⁰ Three-Cheese Grilled Cheese Creamy Tomato Soup Peas and Carrots Soup of the Day
13	Backyard Burgers or Portobello Mushrooms Chips, Cole Slaw Toppings Bar Soup of the Day	¹⁴ Chicken Tandoori Steamed Basmati Rice Curry-Spiced Carrots Soup of the Day	¹⁵ Pasta Marinara Fresh Herb Pesto Aged Parmesan Cheese Baked Broccoli, Cheesy Bread Soup of the Day	¹⁶ General Tso's Chicken Steamed Rice Stir-Fried Vegetables Soup of the Day	¹⁷ Pizza Bread Mozzarella Cheese San Marzano Tomatoes Caesar Salad Soup of the Day
20	MLK DAY NO SCHOOL	21 Hoisin-Glazed Chicken Veggie Fried Rice Sautéed Bok Choy Soup of the Day	22 Creamy Mac and Cheese Fresh Herb Pesto Aged Parmesan Peas and Carrots Soup of the Day	23 Chicken Pot Pie Homemade Biscuits Roasted Broccoli Soup of the Day	²⁴ Chihuahua Cheese Quesadilla Homemade Salsa, Crema Corn and Black Bean Salad Soup of the Day
27	Coconut Chicken Korma Steamed Basmati Rice Stir-Fried Veggies Soup of the Day	28 Korean Beef or Mushroom Tacos El Milagro Flour Tortillas Pickled Onions,, Kimchi Toppings Bar Soup of the Day	²⁹ Pasta a la Vodka Fresh Herb Pesto Aged Parmesan Cheese Garlic Bread, Green Beans Soup of the Day	³⁰ White Chicken Chili Homemade Cornbread Sautéed Kale and Mushrooms Soup of the Day	³ Old School Baked Lasagna Aged Parmesan Fresh Herb Pesto Garlic Green Beans Soup of the Day