



FALCONS & WILDCATS,

We celebrated MLK and a lot of big wins over the weekend, but unfortunately last week our program suffered a large loss as well. Last Monday Kate Hilbrant, assistant coach on the Academy 7 White team passed away in her sleep at her home in Wilmette. Kate was a first year coach here and was doing an outstanding job with our girls. She was a dedicated coach who loved coaching. She took the bus here from Wilmette on practice days and always made sure each of the girls got safely into their cars each night at St. Andrews when practice was over. On Friday we celebrated Coach Kate's life at a beautiful memorial service. I've attached a link to her obituary below. Please keep the Hilbrant family and our 7th grade Academy girls in your prayers as we all process this devastating loss.

<https://www.donnellanfuneral.com/obituaries/Katherine-Jeanne-Hilbrant?obId=23640051>

The WIS is below. Please let us know if you have any questions or concerns. Thanks for all your hard work making sure we pulled off this weekend, especially the call ups that filled in for missing players. We are so thankful for such a supportive and engaged athletic community.

Go Falcons
Go Wildcats

-Coach Manley and Coach D

WEEK OF 1-17

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1/17	1/18	1/19	1/20	1/21	1/22	1/23
BASKETBALL							
Academy 4 Red		Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-5:00pm		GAME @ ST. BEN'S 2:00pm	
Academy 4 White		Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:45-5:00pm		No game this weekend	
Academy 5 Red	No Practice (MLK)				Practice @ SHS 4:15-5:30pm	GAME @ SHS 9:00am	
Academy 5 White	No Practice (MLK)				Practice @ SHS 4:15-5:30pm	GAME @ SHS 11:00am	
Academy 5 Black	No Practice (MLK)				Practice @ SHS 4:15-5:30pm	GAME @ SHS 9:00am	
Academy 6 Red	No Practice (MLK)				Practice @ St. Andrew's 3:15-4:30pm	No game this weekend	
Academy 6 White	No Practice (MLK)		Practice @ St. Andrew's 4:00-5:15pm			GAME @ FXW 12:00pm	
Academy 6 Black			Practice @ St. Andrew's 4:00-5:15pm		Practice @ St. Andrew's 3:15-4:30pm	GAME @ ST. BEN'S 10:00am	
Academy 7 Red		Practice @ St. Andrew's 4:00-5:30pm		Practice @ St. Andrew's 5:00-6:00pm	GAME @ ICSJ 5:30pm	GAME @ SHS 4:00pm	GAME @ SHS 3:00pm
Academy 7 White		Practice @ St. Andrew's 4:00-5:30pm		Practice @ St. Andrew's 4:00-5:00pm		GAME @ ST. JOSAPHAT 3:00pm GAME @ SHS 7:00pm	GAME @ AACA 4:00pm
Academy 8 Red	No Practice (MLK)		Practice @ St. Andrew's 5:15-6:45pm		GAME @ ST. BEN'S 8:00pm	GAME @ ST. ANDREW 3:00pm	GAME @ SHS 4:00pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1/17	1/18	1/19	1/20	1/21	1/22	1/23
BASKETBALL							
Hardey 4 Red			Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:00-4:15pm	GAME @ ST. HELEN 11:00am GAME @ SHS 2:00pm	
Hardey 4 White			Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:00-4:15pm	GAME @ AACA 1:00pm	
Hardey 4 Black			Practice @ SHS 3:45-5:00pm		Practice @ SHS 3:00-4:15pm	GAME @ Q of A 9:00am GAME @ SHS 12:00	
Hardey 5 Red	No Practice (MLK)		Practice @ SHS 5:00-6:15pm			GAME @ SHS 1:00pm GAME @ ST. VINCENT DEPAUL 5:00pm	
Hardey 5 White	No Practice (MLK)		Practice @ SHS 5:00-6:15pm			GAME @ SHS 11:00am	
Hardey 5 Black	No Practice (MLK)		Practice @ SHS 5:00-6:15pm			GAME @ SHS 1:00pm	
Hardey 6 Red		Practice @ SHS 5:00-6:15pm		Practice @ SHS 5:00-6:15pm		2 GAMES @ SHS 10:00am & 12:00pm	
Hardey 6 White		Practice @ SHS 5:00-6:15pm		Practice @ SHS 5:00-6:15pm		GAME @ SHS 10:00am	
Hardey 7 Red		Practice @ SHS 6:15-7:45pm		Practice @ SHS 6:15-7:45pm	GAME @ OSM 8:00pm	GAME @ ST. ANDREW 2:00pm	GAME @ SHS 5:00pm
Hardey 7 White		Practice @ SHS 6:15-7:45pm		Practice @ SHS 6:15-7:45pm		GAME @ SHS 5:00pm	2 GAMES @ SHS 1:00 & 6:00pm
Hardey 8 Red	No Practice (MLK)		GAME @ AIC 6:00pm			GAME @ ST. VINCENT DEPAUL 4:00pm	GAME @ SHS 2:00pm
Hardey 8 White	No Practice (MLK)		Practice @ SHS 6:15-7:45pm	GAME @ OSM 8:00pm		GAME @ SHS 6:00pm	

BASKETBALL COVID PROTOCOLS

Dear Basketball Families,

As we begin the season, we thought it important to outline the safety precautions we are taking for basketball and to remind everyone that basketball is a high risk activity.

In order to mitigate risk, we are implementing the following procedures:

- CCYL, our basketball league, is asking for two spectators and no concessions at games. Other guidelines for games have been communicated separately.
- During practices, students will be asked to change quickly in the locker rooms, keeping masks on tightly and being diligent about changing speedily.
- Grade levels and gender groups will be kept separately as much as possible.
- Practices will be divided at the 4th and 5th grade levels so that one practice per week will focus on drills and skill development and the other focusing on scrimmaging. On skill and drill day, students will be kept as distanced as possible by team.
- Students will be encouraged and reminded to stay distant and keep masks on when taking water and bathroom breaks.
- The school may need to quarantine all unvaccinated students in a particular gender and grade should a case occur that involves the basketball teams. We need to assume that there will be COVID cases during the season.

Please note that basketball is inherently a high risk activity. We feel that basketball is worth offering this winter because of the social-emotional and physical benefits to the students. That said, please note that by choosing to participate in basketball, you are agreeing to the additional risk and to the measures that may need to occur if and when there is a positive diagnosis. Thank you in advance as we work to provide a successful, safe, and healthy basketball season for the children.

Sincerely,

Matt Manley - Athletic Director

Margot DiMuzio - Assistant Athletic Director

Joanne Shemiot - Head of Student Life

Meg Steele - Head of Schools



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