



FALCONS & WILDCATS,

Happy Holidays from your Athletic Department! Below is your Week in Sports. This week we are only doing one practice and then taking off the rest of the week (except H7 R and H8 R who play their last games this week before break). Please have a safe and restful holiday break. We are so thankful for all your hard work so far this year. We will get back to the basketball grind in January but for now rest up and enjoy family and Christmas time.

Happy Holidays,
Coach Manley and Coach D

WEEK OF 12-13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12/13	12/14	12/15	12/16	12/17	12/18	12/19
BASKETBALL							
Academy 4 Red		Practice @ SHS 3:45-5:00pm		<div> No Practices & No Games Enjoy Winter Break! </div>			
Academy 4 White		Practice @ SHS 3:45-5:00pm					
Academy 5 Red	Practice @ SHS 5:00-6:15pm						
Academy 5 White	Practice @ SHS 5:00-6:15pm						
Academy 5 Black	Practice @ SHS 5:00-6:15pm						
Academy 6 Red	Practice @ St. Andrew's 4:00-5:15pm						
Academy 6 White	Practice @ St. Andrew's 4:00-5:15pm						
Academy 6 Black			Practice @ St. Andrew's 4:00-5:15pm				
Academy 7 Red		Practice @ St. Andrew's 4:00-5:30pm					
Academy 7 White		Practice @ St. Andrew's 4:00-5:30pm					
Academy 8 Red	Practice @ St. Andrew's 5:15-6:45pm						

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12/13	12/14	12/15	12/16	12/17	12/18	12/19
BASKETBALL							
Hardey 4 Red			Practice @ SHS 3:45-5:00pm	<div> No Practices & No Games Enjoy Winter Break! </div>			
Hardey 4 White			Practice @ SHS 3:45-5:00pm				
Hardey 4 Black			Practice @ SHS 3:45-5:00pm				
Hardey 5 Red	Practice @ SHS 3:45-5:00pm						
Hardey 5 White	Practice @ SHS 3:45-5:00pm						
Hardey 5 Black	Practice @ SHS 3:45-5:00pm						
Hardey 6 Red		Practice Cancelled					
Hardey 6 White		Practice Cancelled					
Hardey 7 Red		GAME @ ICSJ 6:30pm					
Hardey 7 White		Practice @ SHS 5:00-6:30					
Hardey 8 Red	Practice @ SHS 6:15-7:45pm	GAME @ ICSJ 7:30pm					
Hardey 8 White	Practice @ SHS 6:15-7:45pm						

BASKETBALL COVID PROTOCOLS

Dear Basketball Families,

As we begin the season, we thought it important to outline the safety precautions we are taking for basketball and to remind everyone that basketball is a high risk activity.

In order to mitigate risk, we are implementing the following procedures:

- CCYL, our basketball league, is asking for one spectator and no concessions at games. Other guidelines for games have been communicated separately.
- During practices, students will be asked to change quickly in the locker rooms, keeping masks on tightly and being diligent about changing speedily.
- Grade levels and gender groups will be kept separately as much as possible.
- Practices will be divided at the 4th and 5th grade levels so that one practice per week will focus on drills and skill development and the other focusing on scrimmaging. On skill and drill day, students will be kept as distanced as possible by team.
- Students will be encouraged and reminded to stay distant and keep masks on when taking water and bathroom breaks.
- The school may need to quarantine all unvaccinated students in a particular gender and grade should a case occur that involves the basketball teams. We need to assume that there will be COVID cases during the season.

Please note that basketball is inherently a high risk activity. We feel that basketball is worth offering this winter because of the social-emotional and physical benefits to the students. That said, please note that by choosing to participate in basketball, you are agreeing to the additional risk and to the measures that may need to occur if and when there is a positive diagnosis. Thank you in advance as we work to provide a successful, safe, and healthy basketball season for the children.

Sincerely,

Matt Manley - Athletic Director

Margot DiMuzio - Assistant Athletic Director

Joanne Shemiot - Head of Student Life

Meg Steele - Head of Schools



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